

Virtually: Talking With TAY

Part
3

These TALKS shall engage **Transition Age Youth (TAY)**, ages 16-24 years, in a **series** of discussions and sharing of resources which aims to increase mental health awareness, engagement with other TAY, and connection to community partners. In working collaboratively with the **ACBH TAY Division**, it is hoped that TAY will decrease any barriers to seeking mental wellness support and access to appropriate services.

Nov. 19th
5-7 PM

THE MONEY GAP:

Financial Opportunities for TAY in Times of a Pandemic

Learning Objectives- After these sessions, participants will be able to:

- Identify barriers Transition Age Youth have encountered in seeking support during these unprecedented times.
- Identify the approaches and solutions to self-caring and maintaining wellness.
- Identify multiple resources to support their financial wellness.

Please RSVP Shannon Singleton- Banks
Email: InfoACBH.TAY@acgov.org or Call: 510-529-9823
Register: <https://TalkingwithTAY/TheMoneyGap>